Numaligarh Marathon-2021

Declaration/ Undertaking by the participants

I do hereby declare/acknowledge that I have read and agree with the details of the Numaligarh Marathon -2021 and its Rules and Regulations and Medical Waiver as mentioned below or to be notified at any point of time till the completion of the Numaligarh Marathon -2021.

I have understood the risk and responsibility of participating in the "Numaligarh Marathon 2021", hereinafter referred to as "Event" to be held on 2021 at Numaligarh, District- Golaghat, Assam organized by Numaligarh Refinery Limited and will be participating entirely at my own risk and responsibility.

RULES AND REGULATIONS:

1. REGISTRATION PROCEDURE OF THE EVENT AND ISSUANCE of BIBS

- 1.1 The event is divided into three categories: (a) 21.098 KM (b) 10 KM and (c) 5 KM
- 1.2 **21.098 KM [Half Marathon]**: Participant can only register through online registration form available in the website www.numaligarhmarathon.com and maximum **500** numbers of participants are allowed to register in this category. Indian as well as Foreign nationals with valid passport and visa are allowed to participate. Participants from foreign nation have to produce original valid Passport and Visa and submit a photocopy of the same before collection of BIB. Participants having Indian citizenship can only participate. Maximum limit for online registration in this category through website www.numaligarhmarathon.com is restricted up to **200** numbers and registration through Kiosk points up to **300** numbers.
- 1.3 **10 KM [Endurance Run]:** Participants having **Indian citizenship** can only participate. Maximum limit for online registration through website www.numaligarhmarathon.com is restricted up to **200** numbers and registration through Kiosk points up to **800** numbers.
- 1.4 **5 KM [Dream Run]:** Participants having **Indian citizenship** can only participate. Maximum limit for online registration through website www.numaligarhmarathon.com is restricted up to **500** numbers and through Kiosk/registration points up to **1000** numbers.
- 1.5 Online registration will be closed automatically as soon as number of participants against each category of the events is reached its maximum limit.
- 1.6 Each participant has to fill the online registration form available in www.numaligarhmarathon.com. Before submitting the form, participant has to accept all terms and conditions including medical waiver mentioned in the website www.numaligarhmarathon.com. No group entries will be accepted for the Marathon.
- 1.7 **Kiosk based registration for 5 KM & 10 KM Events:** Registration can only be done at any of the Kiosks points for **5K(Dream Run) & 10K(Endurance Run)** categories. Participants have to go to the kiosk along with all required documents. Kiosk In-Charge will do the registration only after checking all documents and fulfilling all required criteria. Registration will be on first come first serve basis. Location of the Kiosks are available in the website as "Kiosk Registration & Bib Collection centre".

- 1.8 Information against all mandatory fields prefixed with '*' on the Registration form must be filled. Incomplete entries will be rejected.
- 1.9 Participant entry and running number bib is not transferable to any other person under any circumstances. Participant should select preferred Bib Collection Centre at the time of filling up Registration Form, and collect the Bib number from the respective centre. In case the organizing committee decides to change Bib collection centre, the same will be notified in the website.
- 1.10 Participant has to note down the registration number after submission of the registration form.
- 1.11 Registration numbers will be mailed to participant's email id as well through SMS to participant's registered mobile captured during registration.
- 1.12 Participant has to produce the registration number/ photo identity at the time of collecting bib. Collecting points will be notified through website www.numaligarhmarathon.com At the time of collecting the Bib, a system generated OTP may be transmitted to the mobile number mentioned in the registration form. The participant has to inform the correct OTP to the Kiosk operator to collect the Bib no.
- 1.13 While collecting the bib, participants to show the registration number. Participants of **Foreign nationals** have to produce original valid Passport and visa and submit a photocopy of the same before collecting the Bib.
- 1.14 Further, every runner must wear his/ her running number bib on the front of the vest worn. Any mutilation, fold, alteration or damage to the bib will amount to disqualification of the runner from the Event at the sole discretion of the organiser. A wristband or token may be given to the participants at the farthest point of route during the race. The participants should carry the wristband / token to the race Finish point and hand over the same along with the Bib, to the organizer. Participants who can complete the race within given time limit must return the wristband / token otherwise she/he will not be considered for prize / certificate.
- 1.15 Participant race number bibs are specific personal identifiers and may not be exchanged with or transferred/sold to any other person. The sale and/or transfer of race entries/bibs is strictly prohibited and will result in the disqualification and/or banning of any individuals involved from future event/s.
- $1.16\ \text{Each}$ participant must sign/agree an event waiver/medical waiver at the time registration , be it online or through KIOSK.
- 1.17 **Closure of Registration :** Participants registration will be closed as soon as the maximum number (refer points 1.2, 1.3 and 1.4 above) is reached or on, 2021, whichever is earlier.

2. AGE RESTRICTION

Participant shall meet the age eligibility criteria for the chosen race category as below:

- 2.1 **5 KM & 10 KM**: Participant has to complete 12 years of age on'2021. Participants below 18 Years as on'2021 will have to submit consent letter from parents/legal guardian duly verified by the head master/principal of the concerned school/college at the time of collection of bib.In case the participant is not attending school or college may obtain the said verification from the Sarakari Village Head man or any Gazetted Officer.

3. ACCURACY & SHARING OF INFORMATION

- 3.1 The participants need to declare that all the information provided by them is true and complete and that they will be solely responsible for the accuracy of the said information.
- 3.2 Participant agrees to and irrevocably permit organizer of the event to share the information given by him/her in the application form, with all the entities associated with Numaligarh Marathon 2021, at its own discretion.

4. VENUE AND REPORTING

- 4.1 Organizers reserve the right to change the event venue at any time and such change shall be notified as soon as reasonably practicable.
- 4.2 Participants are supposed to report at the event venue at least one hour before the starting of the event.

5. OUTFITS

Anyone attempting to start or join the event in any outfit that the event Organisers deem unsuitable and/or dangerous to the participant, other participants or spectators, will not be allowed to start the event or, if on the course, may be forcibly removed from the event.

6. EVENT EJECTION

- All participants are expected to conduct themselves in a professional and courteous manner during their participation in the event. Event officials have the right, in their absolute discretion, to refuse to allow the participant to participate in the event either at the start or to continue participation at any point along the route of the event, should the participant be deemed to behave inappropriately or give cause for concern that your continued participation may cause offence or injury to yourself, any spectators or other participants. Failure to comply with any instruction from event officials and marshals or any breach of any rules and regulations governing the event will result in ejection from the event and may also result in the participant being reported to the police or any relevant governing body for the event in question.
- 6.2 Instructions by the organizer and race officials must be followed with respect to all matters not provided herein. The Organizer reserves the right to reject applications of participants who refuse to follow the instructions of the race officials.
- 6.3 Participants are not allowed to run with unregistered runners, pets, babies/children.
- 6.4 Participants may not be accompanied by anyone on race route whois not registered in the event.
- 6.5 No tobacco, alcohol or any other banned substance is permitted.
- 6.6 The organisers reserve the right to remove any entrant who is medically unfit to continue in the opinion of the Medical Officer.
- 6.7 Participants with missing or irregular split times at official timing checkpoints will be reviewed and may be disqualified.

7. RACE COMPLETION LIMITATION

- 7.1 Highway traffic along the race route will be regulated for 4 hours from flagging off. Runners not completing within 180 minutes from flag off shall have to avail transport provided by the organiser to proceed to the closing venue.
- 7.2 Participants who complete the run within the time limit mentioned below to be considered toqualify for the certificate. Participant will be qualified only for the race category for which they have registered. Qualified participants have to submit one of their two bibs to the Race official present at the Finish line on completing the run.

Event Category	Category	START Time	FINISH Time	Completion / Qualifying Time	Bib Colour	Start Point
5 KM Dream Run	Women	5:30 AM	6:20 AM	50 min		Pragati Dwar, NRL Refinery
	Men	5:40 AM	6.20 AM	40 min		
10 KM Endurance Run	Women	5:30 AM	6.50 AM	80 Min		Main Playground, NRL Township
	Men	5:40 AM	6.50 AM	70 Min		
21.098 KM Half Marathon	Women	5.10 AM	7.20 AM	130 Min		Main Playground, NRL Township
	Men	5.20 AM	7.20 AM	120 Min		

7.3 Once the event is officially concluded, there will be no traffic protection and Aid Stations will cease operation.

8. CANCELLATION OF THE EVENT AND LIMIT OF LIABILITY

- 8.1 The Organisers reserve the right, in their absolute discretion, to delay, move to an alternative venue or postpone the event due to unforeseen or unavoidable circumstances out of our reasonable control. In such an eventuality, information will be passed on to the participants through SMS/ email and also uploaded in the website mentioned above as soon as possible.
- 8.2 Where the event has to be cancelled, delayed, moved to an alternative venue or postponed due to circumstances outside of our reasonable control including (but not limited to) the avoidance of doubt due to adverse weather, ground conditions or as a result of instructions from the emergency services) organize shall not be liable for any inconvenience, expenses, costs, losses or damages suffered by participants.

9. PARTICIPATING COST AND OTHER EXPENSES

All cost incurred by the participants to participate in the race including fees for medical certificates as also cost of medical treatment in case of any unfortunate incident will have to be borne by the participant.

10. EVENT ORGANISER'S DECISION

Decisions made in respect of the event (whether in respect of safety, organisation, management, timings, placings, rules, regulations and guidance or otherwise) by organiser, any race director, officials and marshals are final and binding on all participants.

11. MUSIC AND TELEPHONES etc. WHILE PARTICIPATING IN THE EVENT

For health and safety reasons participants must not listen to any personal music playing device or whilst using any mobile telephone during the events. This is particularly important in order to allow emergency services and their vehicles to operate safely. Consequently iPods, MP3 Players or similar electronic music players and mobile telephones must not be used during the event.

12. MEDICAL WAIVER/ PERSONAL HEALTH AND FITNESS

- 12.1 Participant must be of appropriate level of fitness to participate in such a physically demanding event and he/she have obtained a medical clearance from a registered medical practitioner, allowing him/her to participate in the event. Such certificate must not of a date prior to 10.01.2019.In case of any medical emergency he/she will not hold the event organizers, the directors, sponsors, employees, contractors or any-one else associated with the event liable whether on account of illness, injury, death or otherwise.
- 12.2 Participants are requested to consult their family doctor or any other medical practitioner about their current health status and seek the doctor's affirmation before enrolling in the race. If he/she has a heart condition, experience chest pain during physical activity or in the past month, or lose consciousness, bone/joint problem, blood pressure, insulin dependent diabetes, or having difficulty in breathing, we strongly recommend that he/she seeks advice from his/her doctor before he/she apply to participate in the event. If the organiser feels necessary the participant may be asked to produce a fresh fitness certificate prior to allowing to participate in the race in addition to the Certificate produced during Registration.
- 12.3 The Organisers reserve the right, in their absolute discretion, to stop any participant from taking part if the individual is deemed unfit to participate, including mid-event removal where necessary.
- 12.4 It is the participants' responsibility to advise the event officials prior to the start of the event of any preexisting medical condition, disability, relevant medications being taken and allergies that may be relevant in the administration of any medical assistance required or in your ability to take part in the event. In particular the participants are advised that they should not participate in the event if suffering from any cold or flu-like systems or if you have any other existing illness or injury which might reasonably be expected to affect your performance and your ability to complete the event.
- 12.5 By signing up to take part in this event the participants acceptcomplete responsibility for any injury or accident which may occur while they are travelling to or from the event, during the event, or while on the premises of the event save to the extent any injury or accident which is caused by our negligence.

- 13. Any participant who is found in breach of these terms and conditions will be excluded from current and future events.
- 14. Event officials reserve the right to modify, supplement or waive all or part of the event rules.
- 15. Video recording and Photographs will be taken of runners and used for the purpose of advertising and promoting the event/s.
- 16. All participants take part at their own wish and undertake not to participate if they are medically unfit to do so.
- 17. Participant must undertake to abide by the race rules, race instructions and marshal directions.
- 18. Flag-off time and end time of each category of the races and respective venue of flag-off, route detail etc will be notified in the website www.numaligarhmarathon.com . Participants should visit the website for updated information and report at the respective venue before one hour of flag-off.

19. YOUNG PARTICIPANTS

The consent of a parent or legal guardian shall be required in respect of any participant under the age of 18 in the following terms.

CONSENT STATEMENT

I say that my child Master/Ms is in good health and I consider him/her capable of taking part in the Numaligarh Marathon 2021.
I consent that in the event of an emergency any necessary treatment can be administered to my child, which may include the use of anaesthetics.
I understand that while the event organisers, their employees, event officials, authorised agents and volunteers will take reasonable precautions to ensure that accidents do not happen and they cannot necessarily be held responsible for any loss, damage or injury suffered by my child.
I have read, understood and agree the above.
Signature of Parents/ Legal Guardian